

# WORKING TOGETHER

To put your family's safety first



## Lifeboats



## WELCOME TO CAISTER HOLIDAY PARK

We do hope that you enjoy your stay and make the most of Caister-on-Sea's sandy beach just over the dunes beside the park.

Please be aware that the beach does not have lifeguards patrolling but, to ensure you enjoy a safe and fun time at the seaside during your holiday, we have put together some top tips.

At most beaches you will find safety signs so make sure you find and read them before going onto the beach. The safety signs have flag symbols and two types of warning symbol:



This is a hazard to watch out for – take care!



This is a prohibition sign – don't do it!

## TOP TIPS:

- ★ Where possible, always swim at a lifeguarded beach, between the red and yellow flags.
- ★ Never use inflatables in strong winds or in big waves. Never use inflatables when an orange windsock is flying, as this indicates offshore winds.
- ★ Check the times of high and low tide before you go so you don't get cut off by the tide.
- ★ If you get into trouble, stick your hand in the air and shout for help.
- ★ Missing children – as soon as you get to the beach arrange a meeting place on the beach that your child can go to if they get lost. If a child goes missing, calmly check your surroundings, ensuring other children are monitored, and contact the lifeguards or police.



If you see someone in trouble, tell a lifeguard or call 999 or 112 and ask for the Coastguard

## LOCAL SAFETY INFORMATION:

You can get to Caister-on-Sea Beach directly from the holiday park.

## CAISTER-ON-SEA BEACH

Caution: There is no lifeguard service operating on this beach



Beware of the following hazards at this beach:



Beware of rip currents



Do not use inflatables



Beware of breaking waves



Beware of deep shelving beach

The nearest lifeguarded beach is Great Yarmouth Beach.

## GREAT YARMOUTH BEACH

Lifeguards operate:  
10am–6pm, 15 May–19 September

## FURTHER INFORMATION:

For further information and to receive a copy of our free comprehensive family guide to beach safety *On the Beach*:

- visit [rnli.org.uk/beachsafety](http://rnli.org.uk/beachsafety)
- telephone 0845 122 699
- email [beachsafety@rnli.org.uk](mailto:beachsafety@rnli.org.uk).

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**HAVE A SAFE AND HAPPY HOLIDAY**